



## **OBT Course Outline**

## **31. WORKING AT HEIGHT**

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|--|-----------------------------|---|
| Access aware of the current regulations and the safe use of equipment.Course Content:• The Working at Height Regulations<br>• Understanding responsibilities involved<br>• Practices and equipment<br>• Planning and inspections<br>• Ladder safetyTraining Methods:• Presentations<br>• Demonstrations<br>• Case studies and examples<br>• Course assessmentWho will benefit from<br>attending:Members of maintenance teams and any other employees required to<br>work at heightDuration:3 hoursCertification:OBT and Progressive Training   |                             |   |
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| Training Methods:• Ladder safetyTraining Methods:• Presentations• Demonstrations• Group discussions• Group discussions• Case studies and examples• Course assessmentMembers of maintenance teams and any other employees required to<br>work at heightDuration:3 hoursCertification:OBT and Progressive Training   |                             | <ul> <li>Practices and equipment</li> </ul>                         |
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| Who will benefit from attending:       Members of maintenance teams and any other employees required to work at height         Duration:       3 hours         Certification:       OBT and Progressive Training   |                             | Case studies and examples   |
| attending:     work at height       Duration:     3 hours       Certification:     OBT and Progressive Training  |                             | Course assessment   |
| Duration:     3 hours       Certification:     OBT and Progressive Training  | Who will benefit from       | Members of maintenance teams and any other employees required to    |
| Certification: OBT and Progressive Training  | attending:                  | work at height  |
|  | Duration:                   | 3 hours   |
|  |                             |   |
| Training Provider:     First Response  | Certification:              | OBT and Progressive Training  |
| Training Provider: First Response  |                             |   |
|  | Training Provider:          | First Response  |
|  |                             |   |